BREAKFAST & BRUNCH

from 9am - 2pm

Chewy Sourdough Toast £6

Old English Sourdough, Salted Butter & Conserves v/vg

Turkish Eggs £10

Poached Eggs, Greek Yoghurt, Chilli Oil, Dill, Mint & Mamoosh Flatbread v

Banana Linseed Porridge £9

Porridge Oats, Linseed, Plum & Fried Bread Pudding v/vg

Deco Beans On Toast £10

Chipotle Chorizo Baked Beans, Fried Egg & Chewy Sourdough Toast

Apple Crumble French Toast £10

Apple Doughnut French Toast & & Blackberry Soured Cream

Smoked Ham Hock Benedict £12

English Muffin, Poached Eggs, Smoked Ham Hock & Hollandaise Sauce

Salmon Royale Benedict £12

English Muffin, Poached Eggs, Smoked Salmon, Dashi & Hollandaise Sauce

Mushroom & Avocado On Toast £11

Fried Mushrooms, Avocado, Chewy Brown Toast & Poached Eggs v/vg

Deco Breakfast Bap £10

Calcot Farm Bacon, Sausage, Fried Egg & Hp Sauce Mayonnaise

Deco English Breakfast £14

Brighton Sausage Co Sausage, Smoked Bacon, Field Mushroom, Hash Brown, House Beans, Tomato, Eggs & Chewy Toast

Deco Veggie Breakfast £14

Vegan Sausage, Smashed Avocado, Field Mushroom, Hash Brown, House Beans, Tomato, Eggs & Chewy Toast v/vg

LUNCH MENU

from 12pm - 5pm

DECO SANDWICHES

All served on chewy white or brown bread

Bacon, Lettuce & Tomato £9

Bacon Fat Mayonnaise & Confit Tomatoes

Cod Fish Finger £10

Homemade Tartar & Smoked Cucumber

Pastrami Rueben £11

Roast Beef, Swiss Cheese, Kraut & Mustard Mayo

Butternut Houmous £9

Roast Red Pepper & Wild Rocket vg

Pulled Pork Shoulder £10

Apple Fennel Slaw & Salsa Verde

SMALL PLATES

Lamb Ragu Fritto £10

Crispy Lamb Ragu, Pesto & Pecorino Cheese

Ham Hock Croquettes £10

Mustard & Piccalilli

Devilled Whitebait £9

Tartar Sauce & Burnt Lemon

Chicken Wings £9

Hot Sauce & Ranch or Blue Cheese Dressing

Portabello Mushroom £8

Garlic Emulsion, Olive & Herb Crumb vg

SALADS

Fig & Goats Cheese £12

Truffle Honey, Olive Crumb & Wild Rocket v Add Proscuitto Ham £2

Anchovy Caesar £11

Cos Lettuce, Focaccia Croutons & Parmesan

Mackeral Salad £12

Avocado, Tomato, Horseradish & Smoked Mackeral





20% of all our income goes straight to Saltdean Lido in continued support of this amazing community heritage project





HOT BEVERAGES

Espresso £3.00

Cortado £3.50

Black Americano £3.10

White Americano £3.65

Flat White £4.00

Latte £4.00

Cappuccino £4.25

Mocha £4.35

Matcha Latte £4.50

Chai Latte £4.50

Hot Chocolate £3.80

Metro Deco Teas £3.60

Green Tea| Roobios | Mint Earl Grey | English Breakfast

COLD BEVERAGES

Crush Smoothies £5.25

Passionfruit | Berry Green | Mango

Sipsup Brighton £4.25

Lemonade | Raspberry Lemonade | Rhubarb

Folkingtons £4

Orange | Apple | Mango | Pineapple | Cranberry

Cans 330ml £ 3.25

Coca Cola Original | Diet | Zero

Fanta Orange | Sprite

Saltdean Lido Lager

Half Pint £3.50

Full Pint £6.65

South Downs Water

330ml £3.50 | 750ml £5.50



Alternative Milk (Oat | Soya | Coconut) £0.40



Please ask to see the full wine list

